

Dear Parents,

During the course of instruction, we have noticed that your child is having difficulty with a necessary golf movement. The reasons for their inability to make a specific movement could be wide and varied. It may be a strength or flexibility issue. It also could be a restriction in their range of motion. Typically, if it is a motor retraining issue I am able to correct it in time.

When I am unable to correct a movement or the player has indicated that the proper movement hurts, then I know that forcing the issue is both frustrating for the player and potentially harmful.

I would like your permission to schedule \_\_\_\_\_ for a consult with PT Steve Barnett.

He will not treat your child. He will do a no-cost, fifteen minute evaluation and then make one of four recommendations:

1. Strengthening or stretching program.
2. Physical therapy to address restrictions
3. Advise the player to see his doctor
4. Clear the player and recommend new motor retraining

If strengthening and stretching are recommended, we have low-cost, golf specific training programs at Swing Solutions to address these issues.

If physical therapy is the recommendation, Jean Yunk (967-4653) can help you with your insurance coverage and the specifics regarding payment for physical therapy. Jean can also advise on non-insurance payment options. Steve would be readily available to explain why he believes therapy will be helpful.

Motor retraining issues are in the golf professional's purview. Steve will advise if the player is capable of making the proper movements.

Lastly, a PT is trained to identify injuries that are beyond their scope of care. In those cases, they will recommend that the player see their doctor.

Carolyn Barnett-Howe, PGA

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\_\_\_\_Please schedule my son/daughter for a physical therapy consult.

\_\_\_\_Please call me prior to scheduling as I have questions

\_\_\_\_Parent's Signature\_\_\_\_\_Date